

September 2024 Self Support Committee Board Report

Last SSC meeting was July 30th 9am EST

WORKSHOP

What has been achieved

- Next workshop booked for 24th November, 2pm EST.
- Theme of “Psychic Change” Graced with the Blessings of Acceptance, Humility, and Connection. Interactive workshop with a speaker and Q & A.
- Roles of members decided (host, timer, script editor, contacts, recorder, posting questions in chat).
- A flyer has been designed and posted on the website and in the newsletter.
- The script has been revised to reflect the theme of the workshop.
- Questions for workshop decided: Question 1 “What does a psychic change look like?”
Question 2 “Is a psychic change the same as a spiritual experience?”
- Creative exercises decided: 1. “Describe or give examples of what you perceive or have experienced as subtle incidents or signs of God’s grace”. And/Or 2. “ What are some signs a person has experienced a psychic change?”
- Signs of a Psychic Change” document created for screen share as inspiration.
- A PDF file with working link and a flyer with the ABA website address have been created.

What remains to be done

- “Discuss if we want break out rooms. Last workshop “The Unique Nature of ABA” didn’t have breakout rooms and this was not a problem.

Question

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NEWSLETTER

What has been achieved

- Newsletter Themes for July “Joyful Movement”, August “A Wild Ride”, and “September is “The Spirituality of Imperfection”. September has been posted on the website too.
- The personal stories in the Newsletter has been increased to 500 words.

What remains to be done

- All SSC members will review the past themes of, and writers, for the newsletter to discuss at the next meeting.

Question

- N/A

MISCELLANEOUS DISCUSSION

NEXT SSC MEETING – Tuesday September 10, 2024 at 9:00 am EDT