

# ABA Literature & Outreach Committee

## Board meeting report

<b>Date:</b> 12 April 2023	<b>Report by:</b> Lou
<b>Chair:</b> Lou	<b>Committee members:</b> Lou, Kathryn, Kim W, Hayley, Amy

### Overall, the main achievements of the Literature Committee in 2023-24 were:

- Meditation book project: Compiled 52 meditations, written introduction and forward
- Have been in contact with the PI Committee regarding podcast and started the backbone/format
- Have assisted communication towards getting Polish translation of key ABA documents

### Meditation Book project

- The “writing” of the book is done: all entries, introduction and forward have been completed.
- We are tracking the progress of all entries via a Google Document and saving all final entries on Google Doc.
- We have done a first review of all 52 entries
- We are currently reviewing all entries with Amy who has been a great help. We are about 75% done.
- We will have to go back to some of the authors to finalise changes/details
- We will then incorporate all documents into a word document: the backbone of the “Book”
- We will work on a cover
- We will then work with an editor to format the book and get it ready for printing
- We may consider another option than Lulu as the quality of the soft copy is not as high as expected

### ABA Book translations

We have been in communication with Kamilla helping to choose what documents to get translated into Polish to help carry the message.

### Google Doc

We are saving all important documents like literature book entries, translations and other key documents in the Google drive Literature folders for safe keeping and easy access.

### Literature Team:

Amy has been a great addition to the team. We currently have 5 members and are working very well together.

### Podcast

We have been in contact with the PI Committee and one ABA meeting regarding starting a podcast.

To start with, the pod will be linked to one of the meetings who is currently recording birthday and newcomers’ shares (sober members stories) as well as workshops the group has organised.

The “backbone” of the pod has been created and 10 stories/workshops have currently been uploaded. We are currently reviewing the format prior to making it live and advertising it to meetings and on the website if possible.

This small beginning may grow if other groups wish to add people’s shares.

## Literature Committee Board Report - AGM

Looking into the future, we could ask permission to upload some of the free downloads from the website.

### **Goals for next year:**

- Finalise and print the ABA book
- Grow the podcast