

General Service Association of ABA
Self-Support Committee Meeting

PRESENT:

Jessa, Dawn, Caren

AGENDA

1. Newsletter
 2. Workshop
-

NEWSLETTER

- Working with Tammie and office to get the news letter out.

Monthly Themes

May - "Bloom Where You're Planted"

June -

- May and June's Newsletters to include 'promoting' the Workshop "Any Lengths!"

July - "Sunlight of Spirit"

August or October - "Spirituality Of Imperfection"

September - "Back In Step With The Universe" to coincide with the retreat

- Date: Friday September 8 - Sunday September 10, 2023

WORKSHOP

Date: Sunday June 25, 2023

Time: 2:00 pm to 4:30 pm EDT

Theme: "Any Lengths!"

- No 'breakout rooms' so that the Workshop can be more interactive
- To be more interactive have all participating share for approximately 5 minutes on the following questions:
 1. **What have you done to go to any lengths?**
 2. **What are you willing to commit to right now to go to any lengths?**

- Q&A - to get things going we will start with the following questions:
 1. **What are the signs that you need to refresh/reboot your recovery?**
 2. **What is stopping/blocking you from going to any lengths?**

Speaker - 45 minutes

Participant Sharing - 60 minutes

Q&A - 45 minutes

Host - Dawn

Timer - Caren

Recorder - Jessa

Flyer

We want to incorporate members who haven't gone to any lengths for their recovery yet and 'longtimers' who need to REFRESH OR REBOOT their recovery to continue to go to any lengths

Flyer to include the following:

1. Date
2. Time
3. Theme
4. Schedule
5. By donation