

General Service Association of ABA

Annual report for 2022

Jessa, Caren, Dawn on Committee

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AGENDA- 2022 Annual report.

1. 2022 - A Year in Review for the AGM Report

- Workshops
- Newsletter

2. 2023 Goals

2022 - A YEAR IN REVIEW

WORKSHOPS:

Service Workshop - February 27, 2022

- In collaboration with members of the GSR Committee
- Number of participants and amount of donations unknown

Sponsorship Workshop - June 5, 2022

- 37 participants
- Amount of donations unknown

Meal Support Workshop - November 20, 2022

- 47 participants
- \$830 in donations

NEWSLETTER:

- Expanded from 2 pages to 10 pages over the year
- Have created a monthly theme
- Have a monthly story now
- Have had a couple of ABA members support the Committee by doing the graphics
- There is now a specific section on the website where the Newsletter is available to download - it is more user-friendly to download

2023 GOALS

Possible Workshops

1. Traditions
2. Willingness To Go To Any Lengths - Shelby has already agreed to be a speaker
3. Committing to ABA - "Make A Decision"
 - a. How to motivate members to commit through
 - i. Business meetings
 - ii. Being a GSR
 - iii. Go to GSA meetings
 - b. What does it mean to be a homegroup member
4. Concepts
5. Meditation - "Creative Ways of Conscious Contact"
6. Tools
7. Perfectionism
8. Drug of Control
 - a. Beyond the Iceberg
 - b. Melting the Iceberg
9. Letting Go

10. Discovering the Joy of Recovery

a. Promises

b. What do people do with their time in recovery

Non-Workshops

11. Step Study (not as a workshop)

12. Newcomer Orientation - monthly

a. Laura and Harvey would like to run this

13. Sponsorship co-ordination/list

With love and service – Jessa , Dawn and Caren.