

General Service Association of ABA
Self-Support Committee Meeting
Sept report

Caren J – Chair, Dawn A and Judy K (ABA members)

Meeting called to order at 6:05 p.m. MDT / 8:05 p.m. EDT by Caren J with Serentiy Prayer

AGENDA:

1. **Inventory/Survey**

What are we going to do with the information from the survey?

Most of the information provided is already being done such as:

- updating the website to make it more user-friendly
- reaching out to Doctors and Treatment centres
- committees working better together with the Board and other committees
- being more transparent

What the respondents said

- there were 108 respondents
- 1/2 are working the steps
- 1/2 are working with a sponsor
- 1/3 don't donate
- 1/3 donate occasionally
- 1/2 are in the Program for less than 3 years

WORKSHOPS suggested as a result of the response to the inventory/survey

Steps

- possible Step Study put on by ABA member - would not charge for this
- workshop discussion about the steps - would charge, by donation, for this workshop

Sponsorship

- what is the role of a sponsor
- what is the role of the sponsee
- can I fire my sponsor/sponsee
- how/where do I find one
- can my sponsor become a friend

Traditions (especially tradition 7)

- do members know how much, if any, money their group sends to the GSA
- do members know what their group is doing with their donation
- explain where members donations go to once received by the GSA

Service

- why service can help your recovery
- how can service help my recovery
- GSA service structure - how GSA works

What are some of the questions to still discuss at all levels?

- why do we lose members after 3 years - because they don't care and aren't involved in service
- committing to ABA

Service Day

The Self-Support Committee has been in contact with the GSR Committee with regards to running a workshop on service. Dawn will be the front/contact member between the Self-Support Committee. We are discussing potential dates.