

2021 Virtual ABA Retreat Schedule: Unity Around the World

Please use this link to convert FROM EDT to your time zone:

<https://www.timezoneconverter.com>

Friday September 10th

12:00 pm - 1:00 pm EDT	Meeting Topic: Belonging in Fellowship (1 hour)
1:30 pm - 2:15 pm EDT	Speaker: Kathryn (45 minutes)
2:15 pm - 7:30 pm EDT	Break (5 hours 15 minutes)
7:30 pm - 8:45 pm EDT	Welcome and Introductions (1 hour, 15 minutes)
9:00 pm - 9:45pm EDT	Speaker: Tiffany (45 minutes)
10:00 pm - 11:00 pm EDT	Meeting Topic: Denial and Honesty (1 hour)

Saturday September 11th

12:30 pm - 1:30 pm EDT	Meeting Topic: Exercise (1 hour)
1:45 pm – 2:30 pm EDT	Speaker: Hayley (45 minutes)
2:30 pm – 3:00 pm EDT	Break (30 minutes)
3:00 pm – 4:30 pm EDT	Panel: Life on Life's Terms by Maria, Carmel, and Terry (1 hour 30 min)
4:30 pm – 5:00 pm EDT	Break (30 Minutes)
5:00 pm – 6:30 pm EDT	Workshop: Getting Sober by Joan and Maria (1.5 hours)
6:45 pm – 7:30 pm EDT	Speaker: Lou (45 minutes)
7:30 pm – 8:30 pm EDT	Meeting Topic: Service (1 hour)
9:00 pm – 9:45 pm EDT	Speaker: Judy (45 minutes)
9:45 pm EDT	Wrap Up with Prayer

Sunday September 12th

11:00 am – 11:45 am EDT	Guided Meditation (45 minutes)
12:00 pm – 12:45 pm EDT	Speaker: Arye (45 minutes)
1:00 pm – 1:30 pm EDT	Sobriety Countdown and Book Giveaway

1:30 pm – 2:30 pm EDT

Closing Circle