

General Service Association of ABA
Self-Support Committee Meeting
October 5, 2020
6:00 p.m. MDT / 8:00 p.m. EDT

PRESENT:

Caren J – Chair, Dawn A and Judy K (ABA members)

- Meeting called to order at 6:05 p.m. MDT / 8:05 p.m. EDT by Caren J with the Serenity Prayer.

Purpose of meeting - to discuss Skill Share **Fundraiser**

- a. Workshops – set dates and times

Amy - French	Sunday November 8, 2020 at 4:00 pm EST	1 hour
Caren and Judy B - 4 Agreements hours	Saturday November 14, 2020 at 3:00 pm EST	1.5
Anita - Gentle Chair Yoga	Sunday November 22, 2020 at 5:00 pm EST	1 hour
Judy K - Body Talk hour sessions)	Contact Judy to set up a one-on-one session	(3 - 1.5
Tash - An Hour Of Quiet Time Creating an ABA time	Wednesday November 18, 2020 at 5:00 pm EST <u>which is</u> Thursday November 19, 2020 at 11:00 am Wellington	
Daily Reflection Book	AND Sunday November 29, 2020 at 4:00 pm EST <u>which is</u> Sunday November 30, 2020 at 10:00 am Wellington	
Jeanette - Building Your Brand hours	Sunday December 12 at 3:00 pm EST	1.5
Joan J - Questions and Answers	January 2021	
Judy K - Decluttering	January 2021	

Workshops - tentative

Osk - Oragomi

Shahin - Henna

Caren to deal with Participants and any questions they may have
Judy to deal with Facilitators

Judy to have these descriptions/dates/times and Registration form put on the website
Judy to send descriptions/dates/times and Registration form to GSR Chair, Mike

- **Meeting adjourned:**
7:00 p.m. MDT / 9:00 p.m. EDT with the Third Step Prayer

- **Date of next meeting:**
TBD