

**Anorexics and Bulimics Anonymous**  
**General Service Representatives Teleconference Minutes**  
**April 8, 2017 ~ 3pm-4pm EST**

**US:** (712) 832-8330

**CANADA:** (867) 292-3030

**UK:** 44 (0)330 777 1307

**passcode** 3625646#

(NOTE: push \*6 to unmute)

- Call to order
- Serenity Prayer
- Attendance (6 GSRs required to meet quorum)
  - Lauren- Calgary
  - Amy- Victoria
  - Jeanne- Ottawa
  - Julie- New York
  - Stevie- Saint Albert
  - Daniel- Winnipeg
- Quorum met→ Zoe and Jackie send regrets
- Agenda was reviewed & adopted.
- Minutes from March 2016 meeting were reviewed and adopted as is.
- Chairperson's Report regarding the Board Meeting in January
- AGM (Annual General Meeting) March 25 @ 3:30pm EST- Elected a new board. Getting by but still operating at a deficit. Tera's office hours have been decreased to 15 hours. Talked about tasks done by Tera- can't be done by volunteers. Doing high level office management
- Literature Committee Update (Amy)
  - March 13 meeting
  - Hebrew translation being worked on
  - Russian translation needs more funds
  - Daily meditation book- need more reflections. More detail into the call for the need for daily meditations. Starting to edit and post as reflections of the month.
  - Submission for stories for next edition of the ABA book- need two years' sobriety to write story and have it considered for inclusion
  - Step Study guide is being formulated in Calgary; work continuing
  - Question 11 of FAQ changed
  - Joan stepped down at the chair of the Literature committee. Looking for a chair with 2 years' sobriety
  - Guidelines for starting a phone or online meeting was created by Osk. It is being reviewed by the phone support committee. Will be eventually sent to literature committee so it can be put on the website.
- Old Business
  - Lower the sobriety to be a GSR member?
    - Representatives were to ask about keeping the sobriety

requirement for GSR representative at one year or to change it.

- We realized that currently there is no sobriety minimum in the terms of reference
- Instead in the “A Service Structure” under “Documents” currently reads:

We suggest the GSR be a person with the following qualities:

1. Length of sobriety sufficient to allow clear thinking and good judgment, probably a minimum of one year.
  2. Demonstrated to be an active participant in the Group—someone who consistently “shows up” and desires to be of service.
  3. Knowledge of and commitment to the principles and unique program of Anorexics and Bulimics Anonymous.
  4. Good listening skills and ability to communicate clearly.
  5. Solid, in-depth understanding of service for the common good. (Study of The AA Service Manual would be good preparation for the GSR.)
  6. Willingness to fill the position for at least one year.
- Stevie- her group voted 60/40 in favor for 6 month sobriety for GSR. 6 months provides for clarity of mind in sobriety vs. home groups deciding.
  - Lauren- group decided on 6 months
  - Julie- group decided for lower sobriety requirement 90 days or 6 months. Alternate as a suggestion for 30-90 days’ sobriety
  - Jeanne- group decided on 6 months. Group should decide on GSR rep. Maybe keep as a suggestion. 6 month suggestion for alternate
  - Daniel- mandatory 6 months- need to have some sobriety for soundness of mind

Motion: Mandatory 6 months of sobriety to be GSR representative and suggested 6 months for alternate. → Put forth by Daniel. 2nd by Julie & Lauren. Passed

→ Jessica will change this in the terms of reference and will forward to Amy for double check. Will then be sent to the representatives.

- ABA budget- thoughts, questions, concerns
  - Some of Calgary’s questions have been addressed in office manager’s report written for the AGM by Tera and this was forwarded to the representatives yesterday. More of the questions from Calgary will be discussed at the next board meeting.
- Elect a new GSR secretary- Jess to continue on until elections in May or June
- Elect an interim Vice Chair- Nancy is away until May or June
- Vice chair would take over the for the Chair absent or has to resign
- New Business
  - Group Reports- no time
- Date for the next meeting: Saturday, May 6, 2016 at 3pm EST (Daniel to cover as Secretary- Thank you SO much!)

- Meeting adjourned with the Serenity Prayer

**\*\*Action Items for next meeting\*\***

- ALL- Discuss the budget and questions raised at GSR meeting with your groups (review documents sent by Jessica)

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