

**LITERATURE AND OUTREACH COMMITTEE
GENERAL SERVICE ASSOCIATION OF ABA
MAIN P.O. BOX 125
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CANADA**

March 2017

NOTICE TO ALL ABA MEMBERS:

RE: Developing a 2nd Edition of the ABA textbook

The ABA Literature and Outreach Committee has received Board approval for the development of a second edition of our basic text, *Anorexics and Bulimics Anonymous*.

The Preface to the Second Edition of the Big Book of Alcoholics Anonymous explains that revisions to the personal history section of the book were made in order “to represent the current membership of Alcoholics Anonymous more accurately, and thereby to reach more alcoholics.”

In that spirit, the Committee has decided to retain Part I of the First Edition, “The Program of Recovery,” essentially unaltered; we aim to include new personal stories in Part II, “Here are Our Stories,” of the Second Edition.

We invite all ABA members with a minimum of two years continuous surrender of all control of food, exercise, and body weight and shape to a Higher Power to submit their personal stories of recovery from anorexia and bulimia through ABA’s unique Twelve Step approach for possible inclusion in Part II of the Second Edition.

“The only message worth hearing is our personal knowledge that recovery is possible through working the Twelve Steps. We speak about the purpose of the Steps: to connect us with a Higher Power who solves our problem of powerlessness. This Power has gifted us with sobriety today so we can joyfully proclaim our personal experience of this good news.”
Anorexics and Bulimics Anonymous, p. 173.

1. Please limit your entry to not more than 3000 words.
2. Mail hard copies to the address above, or email electronic copies in editable word processing format to gsooffice@aba12steps.org.
3. Each entry must include the author’s full name, telephone number, email address (if you have one), and mailing address.
4. The deadline for submissions is September 30, 2017.

Please be aware that all submissions selected for inclusion will be subject to editing by the Literature and Outreach Committee. Authors will be contacted and required to sign a release of their right to personal copyright of the entry; however, all entries will be published anonymously, in keeping with ABA Traditions 11 and 12.

The authors of selected entries will receive no financial compensation for their work; the contribution they make to the welfare of current and future ABA members is immeasurable.