

**LITERATURE AND OUTREACH COMMITTEE
GENERAL SERVICE ASSOCIATION OF ABA
MAIN P.O. BOX 125
EDMONTON, AB T5J 2G9
CANADA**

15 March 2017

NOTICE TO ALL ABA GROUPS:

RE: Developing a “Daily Meditations” book for ABA

The Literature and Outreach Committee is responsible for, among other things, the development of new books and pamphlets for ABA.

We received Board approval to begin work on a **daily meditation book** unique to ABA. We envision this as a book composed of submissions by ABA members, and written for ABA members. Because we will need 366 separate entries, we will need wide participation by members everywhere on the planet!

We therefore invite any ABA member who is interested in participating in this to submit one or more brief compositions of a length appropriate for inclusion in this book. The specifications are as follows:

1. Each entry should begin with a brief excerpt *from Part 1* of the ABA textbook (one to three sentences, maximum 80 words), complete with page reference.
2. This should be followed by a reflection or meditation *in the writer’s original words*, related to the excerpt quoted from our textbook. (Important! No portion of this should be extracted from other, previously published and copyrighted materials.)
3. Since our aim is to inspire and uplift the reader, please focus your reflection on the solution, rather than the problem. Please conclude your submission with a brief “Thought for the Day.” This original reflection should be between 150 and 220 words.
4. Submissions can be mailed to the GSA address at the head of this notice, attention to the Chair of the Literature and Outreach Committee, or emailed to gsaoffice@aba12steps.org. If you submit them by email please include your full contact information otherwise the submission will not be accepted (see #5 below.)
5. Include the writer’s full name, telephone number, email address, and full mailing address.

6. There is no deadline for submissions as this is an ongoing long-term project. Keep in mind though that the faster we receive submissions the sooner the book will be published!

Please be aware that all submissions selected for inclusion will be subject to editing by the Literature and Outreach Committee. Authors will be contacted and required to sign a release of their right to personal copyright of the entry. All entries will be published anonymously, in keeping with ABA Traditions 11 and 12.

The authors of selected entries will receive no financial compensation for their work. However, the contribution they will make to the welfare of current and future ABA members is immeasurable.

This is a wonderful service opportunity and we hope that many ABA members will respond!