

Anorexics and Bulimics Anonymous
General Service Representatives Teleconference Minutes
March 4, 2017 ~ 3pm-4pm EST

US: (712) 832-8330

CANADA: (867) 292-3030

UK: 44 (0)330 777 1307

passcode 3625646#

(NOTE: push *6 to unmute)

- 1. Call to order**
- 2. Serenity Prayer**
- 3. Attendance (6 GSRs required to meet quorum)**
 - Pia
 - Zoe- Tuesday Night New York
 - Amber
 - Daniel
 - Amy
 - Jess
 - Jeanne

Regrets from Shahin, Jackie & Nancy
- 4. Agenda was reviewed & adopted with the following changes**
 - **Added to Old Business:**
 - **Added to New Business**
 - i. Vice Chair status
- 5. Minutes from February 2016 meeting were reviewed and adopted**
- 6. Chairperson's Report regarding the Board Meeting in January**
 - AGM (Annual General Meeting) March 25 @ 3:30pm EST- can phone in. Contact Tera in the central office (see contact below) for more information
 - i. Electing a new board
 1. Some will be re-elected
 2. Need board members- ABA with 1 yr sobriety or community members (not members of ABA)
 - a. Explanation of position available from Amy or Tera
 - ii. Committees present reports
 - 2018 Conference in Florida
 - i. Questions addressed
 1. Location- Motion to change location was defeated
 2. August date- Brielle (organizer) unable to change date. Heat not a concern in her opinion.
 3. Canadian \$ so low- concerns about cost
 4. Border issues are a concern.
 - ii. Hotel vs retreat- will keep in hotel.
 - iii. Brielle frustrated because it is taking the board too long to decide where to have it. Amy and Joan talking with her this weekend. It is difficult for the board to plan the Conference with the current

instability in ABA.

7. Literature Committee Update (Amy)

- Daily meditations → will be presented as reflections of the month on the website. New submissions are welcome.
- ABA Book → Part 1 of the ABA book will stay the same. Part 2 (stories) will be changed
 - i. Considered: Heterosexual bias in the ABA book Part 1. Big Book didn't change Part 1 of their book.
 - ii. Current stories in Part 2 will stay if person is still sober.
 - iii. Submit stories to the office for Part 2. Outline/guidelines will be sent to group contacts. Sobriety requirement is 2 years
 - iv. Pia:
 - 1. who is paying for the new edition? May have to take a loan. Detail needs to be worked out.
 - 2. When people buy the book is the loan paid back? That would likely be the process.
- Step Study guide is being formulated
 - i. Calgary (Hetty) working on updating guide for literature committee

Motion: GSR Committee to receive ABA financial information monthly.

Put forth by Jess, seconded by Jeanne. Thoughts by Amber, and Amy, Pia and Jeanne.

→ all in favor

8. Old Business

- Lower the sobriety to be a GSR member?
 - i. Current terms of reference= need 1 year sobriety
 - ii. Daniel- most members feel that 6 months should be appropriate
 - 1. Too much work for committee to decide on case by case basis
 - 2. 1 year is high in comparison to other 12 step fellowships
 - 3. Concerned about favoritism if deciding on a case-by-case basis
 - iii. Pia- mentioned that sobriety requirement is changing. Didn't get feedback
 - iv. TABLED AGAIN

9. New Business

- Budget/Monetary status of ABA
 - i. Stepping Into Life Calgary talking points regarding the budget (please see additional document "YYC questions")
- Elect a new GSR secretary
 - i. Tabled for next time
- Vice Chair- Stepped down temporarily. No vice chair currently
 - **Group Reports**- no time

10. Date for the next meeting: Saturday, April 8, 2016 at 3pm EST

11. Meeting adjourned with the Serenity Prayer

Pia- having a baby (CONGRATS!!). A substitute without sobriety requirement can take notes but not vote at next GSR Committee meeting.

****Action Items for next meeting****

- **ALL-** Discuss the budget and questions raised at GSR meeting with your groups

Contact info:

Jessica C., Secretary
587 892 4838
clafster@yahoo.com

Amy G, Chair
780 267 9712
amygillard50@gmail.com

Nancy R., Vice Chair
narosenthal@att.net
214-395-2184

GSA Office
780 318 6355
gsaoffice@aba12steps.org